

Step into an oasis nestled in its unique surroundings. Enjoy a holistic spa journey, giving you time to rediscover nature and the natural balance that is pure.

Spa hours

Mon - Sunday: 10am - 7 pm

Spa Arrival

Please arrive 15 minutes before the scheduled time.

Spa Etiquette

Please note that smoking is not allowed in the Spa and cell phones need to be switched off.

Dress Code

The Spa operates on a strictly no nudity policy. Swimming costumes must be worn at all times when using the hydro facilities

Massage Therapies:

Back, Neck and Shoulder Massage (30 min)

R450

This massage uses firm, yet soothing hand techniques to ease tense muscles and dissolve away areas of tension

Scalp Massage (30 min)

R450

A relaxing and de-stressing fingertip massage to ease muscle tension and relieve headaches.

Calabash Sole Experience (45 min)

R550

A massage to ease tired, aching feet and legs. Commencing with a refreshing exfoliation, followed by a massage using the Kalahari calabash.

Swedish Massage (60 min)

R750

Relax, energise and detox with this therapeutic full body massage. The combination of the scented oils and the soothing massage will promote an overall sense of wellbeing and leave you feeling like a new you

Hot Stone Massage (60 min)

R800

A holistic and sensory journey releasing stress and inducing deep relaxation.

African Masai Massage (60 min)

R800

The Masai people use Rungu's carved out of wood as an emblem of warrior status. It is since been used as a massage tool to improve blood circulation and reduce aches and pains by providing a deep tissue massage.

African Journey (90 min)

R1100

Experience a touch of Africa as you embark on this journey. A calabash foot treatment including exfoliation and massage. This is followed by a 60 min full body massage using the African Rungu. Emerge from this journey hydrated and nurtured by an African experience.